

FAIRFAX AREA AGENCY ON AGING

VOLUNTEER JOB DESCRIPTION

POSITION TITLE: Friendship Senior Program

- ◆ **Goal:** To help reduce the sense of isolation for a homebound senior client by becoming a sensitive, involved friend.
- ◆ **Tasks:** Visit assigned client on a weekly basis for a period of about 1-1/2 hours. Develop a relationship of friendship and mutual trust. This involves keeping promises, being a good listener and maintaining confidentiality.
- ◆ **Responsibilities:** Maintain regular contact with the AAA Home-Based Care staff, reporting any changes in the client's status that might necessitate a reassessment. Report volunteer time spent with the client to the Volunteer Development Unit on a regular basis.
- ◆ **Time Commitment:** Visits of one or two hours a week. Minimum one-year commitment to the program unless special arrangements have been made.
- ◆ **Qualifications:**
 1. Must be 18 years of age.
 2. Sincere interest in dealing one-on-one with an older client.
 3. Good communication skills.
 4. Ability to listen.
 5. Ability to separate one's own values from those held by others.
- ◆ **Technical Support:** Staff of the Area Agency on Aging's Home-Based Care Program and the Volunteer Development Unit.